

Grand Valley State University Youth Swimming Instruction

(Ages 4 and Up)

Spring 2010

Water safety and swim skills learned through fun activities



April 12 - April 23

Classes run Monday through Friday for two weeks.

Class Times:

Class 1 5:00 - 5:40 PM Class 2 5:45 - 6:25 PM Class 3 6:30 - 7:10 PM

Beginner through Advanced level swimmers.

Each class period will include all ability groups. Each class will be divided into small groups (5-8 students) based on their ability from the information shown on the registration form and through evaluation at the first class.

IMPORTANT NOTES:

1. These lessons require that **4 and 5 year olds** must be able to work in group lessons (taking turns, following directions, etc.) and should be comfortable performing basic skills such as reaching/pulling and kicking when asked.
We reserve the right to refer a student to another class or ask for them to withdraw from a class if needed.

For more information call GVSU Swimming at 331-2912

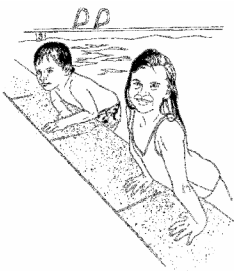
Cost \$60.00

Registration is on a first come basis. Complete fees must accompany registration. No phone reservations.

Refunds:

There is a \$10 non-refundable fee for any cancellation prior to the first class. After classes begin and up to the third class, 50% of the fee will be refunded. No refunds after the third class meeting.

We want your child to learn to swim and be safe around the water.



Summer 2010 classes begin week of June 14th. Registration will begin May 1st

Grand Valley State University Youth Aquatic Programs Spring 2010 Registration Form

Please use a separate form for each child. Please print.

**Mail your registration with check payable to
Grand Valley State University to:**

GVSU Youth Aquatic Programs
c/o Andy Boyce
1 Campus Drive
Allendale, MI 49401

We Can Not Take Registrations by Phone
SUMMER REGISTRATION and Extra forms can be found at
www.grandvalleystatesportscamps.com

Summer Registration forms can only be accessed online for all swim lessons, swim camps and Junior Swim Team. **There will be no summer mailing**

Name: _____ Age: _____

Address: _____

City: _____ Zip: _____ Phone: _____

Parent's Name: _____ Amount enclosed: _____

For Swim Instruction Classes, tell us about your child:

Where have they taken lessons before? _____ When? _____

Check all that apply

- | | | |
|--|---|---|
| <input type="checkbox"/> Is afraid of water | <input type="checkbox"/> Can move self through water on stomach | <input type="checkbox"/> Can swim with rhythmic breathing |
| <input type="checkbox"/> Will not put face in water | <input type="checkbox"/> Can float on back without help | <input type="checkbox"/> Can swim 4 minutes nonstop |
| <input type="checkbox"/> Can submerge face in water | <input type="checkbox"/> Can swim with over water arm stroke | <input type="checkbox"/> Can swim elementary backstroke |
| <input type="checkbox"/> Willingly goes under water | <input type="checkbox"/> Can swim with face in water without float | <input type="checkbox"/> Can swim breaststroke |
| <input type="checkbox"/> Will jump into water from side | <input type="checkbox"/> Can swim on back without float | <input type="checkbox"/> Can swim sidestroke |
| <input type="checkbox"/> Can float and kick with some help | <input type="checkbox"/> Is comfortable in deep water without float | <input type="checkbox"/> Can swim butterfly |

Comments:

Enroll in Spring Class

(mark classes in order of preference)

1 (5:00 - 5:40) _____

2 (5:45 - 6:25) _____

3 (6:30 - 7:10) _____

Class size is limited and enrollment is on a first come basis. If you don't get the class you requested you will receive a call. There are no confirmation letters sent out in the Spring.